

# All About Hummingbirds



Hummingbirds are tiny, colorful birds known for their fast wings and ability to hover in the air. They live mostly in the Americas, especially in forests, gardens, and meadows. Hummingbirds have long, thin beaks that help them drink nectar from flowers. Their bright feathers make them look shiny and beautiful in the sunlight.

Hummingbirds eat mostly nectar from flowers, but they also eat small insects and spiders for protein. They are very active during the day, flying from flower to flower. Hummingbirds can beat their wings up to 70 times per second, which allows them to hover, fly backward, and even upside down for short periods.

Baby hummingbirds are called chicks. They stay in a small nest built by their mother until they are strong enough to fly and find food on their own. Hummingbirds are important for nature because they help pollinate flowers as they feed, which allows plants to grow and produce seeds.

Hummingbirds face threats from humans and changes in the environment. Cutting down trees and flowers reduces their food sources, and pesticides can harm them. Conservation groups help protect hummingbirds by planting flowers and creating safe spaces. Protecting hummingbirds ensures these tiny, amazing birds continue to thrive.

Where do hummingbirds mostly live?

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What do hummingbirds eat?

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What are baby hummingbirds called?

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How do hummingbirds help plants?

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Why do hummingbirds need protection today?

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True or False ?

Hummingbirds are tiny birds that can hover in the air.

Baby hummingbirds are called chicks.

Hummingbirds eat mostly seeds and leaves.

Hummingbirds help pollinate flowers as they feed.

Conservation groups help protect hummingbirds and plant flowers.